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## Welcome to Jump for Joy Music!

**CAEYC CONFERENCE - SATURDAY APRIL 21, 2018 10:00-11:30 AM  
PASADENA CONVENTION CENTER CIVIC HALL C O**

300 E. Green St., Pasadena, CA 91101

This Handout (Vs 2.0) has our 4/21/18 set list from our Pasadena presentation, see Page 5

## Getting Smarter Through Music™

Encouraging the development of the whole child with songs that promote cognitive, social, and motor skills

For free song downloads: <http://www.jumpforjoymusic.com/academy/additional-songs/>

For our online songs & resources: <http://www.jumpforjoymusic.com/academy/tips-for-parents-teachers/>

For future free downloads & resources, like & follow us at: <https://www.facebook.com/jumpforjoymusic>

### Infants are born with approximately 100 billion neurons

"Scientists believe that language is acquired most easily during the first ten years of life. During these years, the circuits in children's brains become wired for how their own language sounds. An infant's repeated exposure to words clearly helps her brain build the neural connections that will enable her to learn more words later on. Language can be learned a multitude of ways, like casual conversation, songs, rhymes, reading, music, story-telling and much more."

<http://umaine.edu/publications/4356e/> For more details and free downloads,

### The importance of nurture

Laura E. Berk, in *Infants, Children, and Adolescents* Pg 255, Berk writes:" And as infants attend to the parent's face, & the parent talks and smiles, babies knit their brows, open their eyes to coo, & move their arms and legs excitedly, gradually becoming more emotionally positive until, between 6 and 10 weeks, the parent's communication evokes a broad grin called the **social smile** (Lavelli & Fogel, 2005; Sroufe & Waters, 1976). Social smiling becomes better organized & stable as babies learn to use it to evoke & sustain pleasurable face-to-face interaction with parent."

### Stimulation is vital to survival of neurons

Experiences, physical, cognitive, and social-emotional, help to shape brain structures! Brain increases in size from 30% of its adult weight to 70% by age 2. *Op Cit* pg 170.

Still face video <http://www.youtube.com/watch?v=apzXGEbZht0>

#### Goals for today:

- Equip teachers with great new songs for preschool and K-6 levels
- Develop relevant themes which songs introduce
- Demonstrate easy motions which accompany songs
- Introduce supportive actions and activities

Sing along    Dance along    Play along    Follow up classroom activities

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Participants will learn 10-12 wonderful songs for use in the classroom. We will demonstrate easily learned activities including American Sign Language, art projects and field trips. Also included are following: - **Fun dance steps:** several songs have dance steps that can be learned in 15 seconds or less. - **American Sign Language:** Teachers will learn the signs for a sensitive ballad, with a tempo that helps the classroom energy wind down. - **Environmental and Social Themes:** Rock out with *What's That, Habitat!* (by Remy Rodden) as the whole group dances and sings together. *The Merry Go Round* tells a fun story that children can identify with. *Angel Peekaboo* is a fanciful song that engages the imagination and encourages movement. *So Many Ways to Be Smart* (by Stuart Stotts & Tom Pease) reminds us how intelligence can be evident in many ways.

**Teacher resources:** Here are websites for children's music, fun activities, & research on the benefits of music.

American Sign Language Free Instruction - [www.handspeak.com/](http://www.handspeak.com/) & [www.aslpro.com](http://www.aslpro.com)

Children's Crafts & Activities - [www.things2make.com](http://www.things2make.com) & [www.coloring.ws/](http://www.coloring.ws/)

Children's Music Network- [www.cmnonline.org](http://www.cmnonline.org)

Fun & silly camp songs - [www.greenhoulie.com/games/](http://www.greenhoulie.com/games/)

Musician's United in Songs for the Classroom - [www.learningfromlyrics.org/](http://www.learningfromlyrics.org/)

Songs for Teaching - [www.songsforteaching.com/](http://www.songsforteaching.com/)

K-12 instrumental practice guides - [www.gregfishmanjazzstudios.com](http://www.gregfishmanjazzstudios.com)

First School - Preschool Activities & Crafts - [www.first-school.ws/INDEX.HTM](http://www.first-school.ws/INDEX.HTM)

Kid's Music Connection - [kidsmusicconnection.com](http://kidsmusicconnection.com)

IFL Science article - Jamming with your Toddler: How Music Trumps Reading for Childhood Development -

<http://www.iflscience.com/brain/jamming-your-toddler-how-music-trumps-reading-childhood-development>

NY Times article - Early Music Lessons Have Long Term Benefit <http://well.blogs.nytimes.com/2012/09/10/early-music-lessons-have-longtime-benefits/>

Music & the Brain - Linking Early Music Instruction & Cognitive Ability - <http://www.musicandthebrain.org/>

*A Symphony in the Brain* (book) by Jim Robbins -the Evolution of the New Brain Wave Biofeedback

*The Boy Who Was Raised As a Dog* (book) by Bruce D. Perry, M.D., Ph.D. and Maia Szalavitz

More resources are listed on our links page at [www.jumpforjoymusic.com/about-us/cool-links/](http://www.jumpforjoymusic.com/about-us/cool-links/)

## Epigenesis

Laura E. Berk, in *Infants, Children, and Adolescents* Pg 88, Berk writes "Epigenesis means development resulting from ongoing, bidirectional exchanges between heredity and all levels of the environment."

## Brain Plasticity

Norman Doidge, M.D., *The Brain That Changes Itself*, pg 226. Doidge writes "The left hemisphere generally processes the verbal-linguistic elements of speech, as opposed to the emotional-musical ones, and analyzes problems using conscious processing. Babies have a larger right hemisphere, up to the end of the second year, and because the left hemisphere is only beginning its growth spurt, our right hemisphere dominates the brain for the first three years of our lives. Twenty-six-month-olds are complex, "right-brained" emotional creatures but cannot talk about their experiences, a left-brained function. Brain scans show that during the first two years of life, the mother principally communicates nonverbally with her right hemisphere to reach her infant's right hemisphere."

Pete the Cat - I Love My White Shoes, with little girls singing: <http://www.youtube.com/watch?v=HpZ9mOQ6iSU>

### About the presenters-

Jump for Joy Music is Wiley and Debbie Rankin, plus their wonderful musical friends. Wiley performs at thousands of children's shows, where his infectious music and sense of humor draw in kids of all ages. He was featured with an original song on the Disney Channel. Jump for Joy Music, based in California, tours throughout the USA and England. Wiley has played his blues harmonica with the Yardbirds, the legendary rock group, and with jazz great Les Paul. Both have sung with Les at the Iridium Club on Broadway, in 2004 and 2007. Also Wiley played **Carnegie Hall** in 2004! Their CD, *Singing! Singing!* was awarded the **Children's Music Web Award** and they have been voted "Best of the Best" by the readers of Bay Area Parent Magazine. See us on YouTube! - [www.youtube.com/watch?v=d7hpBQOn1cU](http://www.youtube.com/watch?v=d7hpBQOn1cU) - our elementary school sample. Visit us at [www.jumpforjoymusic.com](http://www.jumpforjoymusic.com) & [www.facebook.com/jumpforjoymusic](http://www.facebook.com/jumpforjoymusic)



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## Welcome to Jump for Joy Music Songs & Resources! Getting Smarter Through Music

1) Prelude # 1 - by J.S. Bach, from Well Tempered Clavier, Book 1

<http://www.youtube.com/watch?v=PXMVkJQ70I88> & downloadable at

<http://www.jumpforjoymusic.com/academy/additional-songs/>

2) Angel Peekaboo - by Wiley & Debbie Rankin [info@jumpforjoymusic.com](mailto:info@jumpforjoymusic.com)

3) Open the Circle - by Frank Hernandez

<https://www.facebook.com/Francisco.Manuel.Hernandez/videos/vb.100000666492728/1140852089280330/?type=2&theater>

4) So Many Ways to Be Smart - by Stuart Stotts From CD "Everybody Started Out Small"

Purchase <http://stuartstotts.com/recordings-stores/>

Lyrics <http://stuartstotts.com/songlyrics/so-many-ways-to-be-smart/>

5) Make Believe - by Wiley & Debbie Rankin [info@jumpforjoymusic.com](mailto:info@jumpforjoymusic.com)

6) What's That Habitat! - by Remy Rodden <http://remyrodden.com/music>

7) Leapfrog - by Wiley & Debbie Rankin <http://www.cdbaby.com/cd/jumpforjoymusic>

Instrumental background track available as download for blues background performance

8) Pick It Up - by Woody Guthrie - Songs To Grow On For Mother & Child by Woody Guthrie and Woody's 20 Grow Big Songs by Woody Guthrie & the Guthrie Family

9) Wishy Washy Washer Woman - traditional

[http://games.greenghoulie.com/games/songs/the\\_wishy\\_washy\\_washer\\_woman.htm](http://games.greenghoulie.com/games/songs/the_wishy_washy_washer_woman.htm)

10) All the Rivers Run - by Alex Bevan <http://www.twoofakind.com/Recordings.asp>

11) Singing! Singing! - by Wiley & Debbie Rankin <http://www.cdbaby.com/cd/jumpforjoymusic>

12) <http://www.westmusic.com//p/basic-beat-bbr8-8-note-resonator-bells-w-case-200240>

13) Seed Song - © 1985 Tom Hunter <http://tomhunter.com/>

14) Rainbow 'Round Me - by Ruth Pelham

<https://itunes.apple.com/us/album/under-one-sky/id253001647>

15) Circle of Life - by Johnette Downing <http://johnettedowning.com/>

<https://itunes.apple.com/us/album/fins-and-grins/id193284455>

16) Love Grows - by Carol Johnson

<http://www.songsforteaching.com/caroljohnson/lovegrowsonebyone.htm>

17) Everybody Started Out Small - by Stuart Stotts & Tom Pease

<http://www.cdbaby.com/cd/stottspease2>

18) Merry-Go-Round - by Wiley & Debbie Rankin <http://www.cdbaby.com/cd/jumpforjoymusic>

19) You Are You - by Kevin Roth <http://www.cdbaby.com/cd/jumpforjoymusic>

20) Circle the Earth (with Peace) - by Joanne Hammil <http://www.cdbaby.com/cd/joannehammil>

<http://www.joannehammil.com/> and <http://www.cdbaby.com/cd/jumpforjoymusic>

21) Rainbow Round Me by Ruth Pelham <https://www.amazon.com/Rainbow-Round-Me/dp/B0012C41FA>

22) I'm a Little Seed by Carole Peterson Stephens <http://www.macaronisoup.com/>



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### Teaching Tools and Concepts:

- 1) What's your favorite melody? What's a tune you can sing for me? What song makes you feel like you're free?  
That's a special song. Yes that's a special song....  
What's the name of my song? What's the name of my song?.....

### Here is how I use it...

What's the name of this instrument?...

In Spanish it's.... In French it's.... In Hindi it's.... In Mandarin it's...

**Conveying concepts through melody assigns a new scaffold to each learning event. Verbal conveyance now includes melodic content. The association with melody causes retention to rise dramatically.**

- 2) Example "Truck Song", ©2007 Philip Alexander <http://singplaygrow.com/videos/>

This song functions as music & movement, a resonator bell song, a story-telling song, and a 2-4 part round. Each truck is described by a distinct melody with its own movement. Each melody combs through a different segment of the major scale, using different (but related) melodic shapes. Children can sometimes memorize this song after singing it once or twice.

- 3) **Ten Little Fingers** ©2016 Jump for Joy Music

**Verse 1** 1 little 2 little 3 little fingers, 4 little 5 little 6 little fingers 7 little 8 little 9 little fingers, 10 fingers waving at our friends!

**Chorus1** Waving at our friends, waving at our friends 10 fingers waving at our friends! (Repeat)

**Verse 2** 1 little 2 little 3 little fingers, 4 little 5 little 6 little fingers 7 little 8 little 9 little fingers, 10 fingers patting our knees!

**Chorus2** Patting our knees, patting our knees 10 fingers patting our knees! (Repeat)

**Verse 3** 1 little 2 little 3 little toes, 4 little 5 little 6 little toes 7 little 8 little 9 little toes, 10 toes tapping to the tune!

**Chorus3** Tapping to the tune, tapping to the tune 10 toes tapping to the tune!

**Verse 4** 1 little 2 little 3 little friends, building on the love that never ends

Seeing each other through a brand new lens, so many friends around world!

**Chorus4** Friends around the world, friends around the world So many friends around the world!

- 4) **I'm Not Scared** by Bob Blue

[http://twoofakind.com/?song\\_lyrics=im-not-scared-2](http://twoofakind.com/?song_lyrics=im-not-scared-2) Lyrics (free)

<https://www.songsforteaching.com/index.php?p=product&id=3490> mp3 file (small cost)

- 5) <https://www.nammfoundation.org/sites/default/files/facts%20and%20quotes.pdf>

6) **Jane Cobb**, a children's librarian and college instructor recently commented in a workshop that babies can see accurately only a short distance, coincidentally matching the distance from her eyes to mother's eyes, when mother is holding infant in nursing position. Until 6 months, infants see everything fuzzy beyond that distance. Face to face interaction is vital for brain development. Reference Still Face Video.

7) Listening, performing, composing, reading, dancing all involve brain-based mechanisms. **This Is Your Brain On Music** (book) by Dr. Daniel J. Levitin <http://daniellevitin.com/publicpage/books/this-is-your-brain-on-music/>

- 8) **Brain Gym** <http://braingym.org> <http://braingym.org/studies>

9) **Lev Vygotsky** <https://www.google.com/webhp?sourceid=chrome-instant&ion=1&espv=2&ie=UTF-8#q=vygotsky%20scaffolding>

[https://scholar.google.com/scholar?q=vygotsky+scaffolding&hl=en&as\\_sdt=0&as\\_vis=1&oi=scholar&sa=X&ved=0ahUK](https://scholar.google.com/scholar?q=vygotsky+scaffolding&hl=en&as_sdt=0&as_vis=1&oi=scholar&sa=X&ved=0ahUK)

[Ewjw\\_8-2gIrQAhVDyVQKHw](https://scholar.google.com/scholar?q=vygotsky+scaffolding&hl=en&as_sdt=0&as_vis=1&oi=scholar&sa=X&ved=0ahUK)

- 10) **Howard Gardner- Multiple Intelligences** <http://www.tecweb.org/styles/gardner.html>



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### "Getting Smarter Through Music" Final Set List for Presentation at CAEYC 4-21-18

1. Welcome & Introductory info. Music involves brain-based mechanisms...
2. "Prelude No. 1 in C Major" by J.S. Bach. Recording by Jump for Joy Music ©2016  
<http://www.jumpforjoymusic.com/academy/additional-songs/> free download!
3. "What's your favorite melody?" Wiley uses "For He's a Jolly Good Fellow" (public domain). Sing your ideas!
4. Resonator Bells. <http://www.westmusic.com//p/basic-beat-bbr8-8-note-resonator-bells-w-case-200240>  
See pp 6 & 7 of this handout for much more info on resonator bells!  
Incorporate Melodic Recognition Exercises- teacher plays melody on resonator bells or another instrument.  
Students identify songs by hearing melody, rather than being told song title.
5. "Shake! Shake! Shake!" ©2016 Wiley & Deborah Rankin Jump for Joy Music (ASCAP)  
<http://www.jumpforjoymusic.com/academy/additional-songs/> free download!
6. "Open the Circle" ©2006 Frank Hernandez & Ted Warmbrand  
<https://www.facebook.com/Francisco.Manuel.Hernandez/videos/vb.10000666492728/1140852089280330/?type=2&theater>
7. "Alligator Pie" ©1974 Dennis Lee and ©1987 Joanne Hammil From CD "Pizza Boogie"  
<http://www.joannehammil.com/recordings/recordings.html>
8. "Ten Little Fingers" ©2016 Wiley & Deborah Rankin Jump for Joy Music (ASCAP). From CD "Family Fun Vol. 1"  
<http://www.jumpforjoymusic.com/academy/additional-songs/> free download!
9. Discussion of resources from our handout. See pp 2-4.
10. Still Face Video - We showed the Harvard Study video. See link on pg 1 of this handout.
11. "Truck Song" ©2007 Philip Alexander <http://singplaygrow.com/videos/>
12. Blues improv song. So much fun! Make up your own verses! Email us with any questions about how to do this.
13. "I'd Like To Say Hello" ©2016 Wiley & Deborah Rankin Jump for Joy Music (ASCAP). From upcoming CD "Listening Is a Two-Way Street" by Jump for Joy Music
14. "Face of Love" ©2016 Wiley & Deborah Rankin Jump for Joy Music (ASCAP). From upcoming CD "Listening Is a Two-Way Street" by Jump for Joy Music
15. "Criss Cross Boss" ©2015 Jump for Joy Music - Email us for lyrics. We'll announce on FB when we release single.
16. "Circle the Earth (with Peace)" by Joanne Hammil ©1995 JHO Music (BMI) see <http://www.joannehammil.com/>
17. "Listening Is A Two-Way Street" ©2006 Monty Harper & Wiley Rankin. From upcoming CD "Listening Is a Two-Way Street" by Jump for Joy Music
18. "Circle of Life" by Johnette Downing. Traditional Song with lyrics adapted by Johnette Downing ©2004 Johnette Downing <https://www.youtube.com/watch?v=Z78AjkNozWI> From her wonderful CD "Fins and Grins".  
<https://www.johnettedowning.com/>
19. Seed Song ©1985 Tom Hunter Seeds - <http://tomhunter.com/> [https://www.youtube.com/watch?v=yAF76ATS\\_pA](https://www.youtube.com/watch?v=yAF76ATS_pA)

THANKS to those who attend our workshop! We hope to see you again soon...Please contact us with any questions; it would be great to hear from you. We have art project ideas we can send you, related to some of these songs.  
Best to all, Wiley & Debbie

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## RESONATOR BELLS TEACH US HOW TO LEARN, PLAY, & START OUR DAY!

Music teaches us to be multi-lingual! Besides spoken words, we have at least 3 music languages:

1. Note names (in LETTERS)
2. Note NUMBERS, and
3. Solfege (DO RE MI) names

### London Bridge Is Falling Down (Public Domain)

Note Name (LETTERS)	G	A	G	F	E	F	G	D	E	F	E	F	G
Note NUMBERS	5	6	5	4	3	4	5	2	3	4	3	4	5
DO RE MI Language	Sol	La	Sol	Fa	Mi	Fa	Sol	Re	Mi	Fa	Mi	Fa	Sol

**Lon-don Bridge is fall-ing down, fall-ing down, fall-ing down,**

Note Name (LETTERS)	G	A	G	F	E	F	G	D	G	E	C
Note NUMBERS	5	6	5	4	3	4	5	2	5	3	1
DO RE MI Language	Sol	La	Sol	Fa	Mi	Fa	Sol	Re	Sol	Mi	Do

**Lon-don Bridge is fall-ing down, My fair la - dy**

The notes are easiest to demonstrate with resonator bells (or a music keyboard) that span(s) at least one octave. The notes in the octave (in the key of C Major) are named as follows:

Note Name (LETTERS)	C	D	E	F	G	A	B	C
Note NUMBERS	1	2	3	4	5	6	7	8
DO RE MI Language	Do	Re	Mi	Fa	Sol	La	Ti	Do

Numbers are probably the easiest to start. You can see them clearly on the resonator bells. When you know the location of the note called "Number 1", you immediately know where the other 7 numbers are located.

Feel free to contact us (see contact info above) with any questions!

## RESOURCES FOR PURCHASING RESONATOR BELLS

Regarding resonator bells, our company Jump for Joy Music does not manufacture them. We don't make or receive any funds from the companies listed below for our listing them here.

We can tell you what products we use, and what we are interested in considering for our own use. What you buy is your own choice and responsibility.

We make no price guarantees. The information below reflects our April 2018 research. All prices are subject to change, as you know. Tax & shipping are additional. Click each link to learn current price.

Here's the link to the resonator bells that I use:

<http://www.westmusic.com//p/basic-beat-bbr8-8-note-resonator-bells-w-case-200240>

It had been on sale recently (as of April 2018)

Amazon sells what looks like the same product:

<https://www.amazon.com/Basic-Beat-8-note-Resonator-Bells/dp/B0002EK655>

Musician's friend has another product, don't know its quality.

[http://www.musiciansfriend.com/classroom-kids/rhythm-band-rb2130-plastic-resonator-bells/468072000000000?cntry=us&source=3WWRWXGP&qclid=EAiaIQobChMI7dyY-vy-1wIVIF5-ChOU6g6qEAQYASABEqIvg\\_D\\_BwE&kwid=productads-adid^221925979422-device^c-plaid^323968622863-sku^468072000000000@ADL4MF-adType^PLA](http://www.musiciansfriend.com/classroom-kids/rhythm-band-rb2130-plastic-resonator-bells/468072000000000?cntry=us&source=3WWRWXGP&qclid=EAiaIQobChMI7dyY-vy-1wIVIF5-ChOU6g6qEAQYASABEqIvg_D_BwE&kwid=productads-adid^221925979422-device^c-plaid^323968622863-sku^468072000000000@ADL4MF-adType^PLA)

Here's one that I plan to get as an add-on. I prefer starting with the 8 note scale that I showed you. (Starting with fewer notes makes it easier for beginners.)

This one below has 2 octaves, and includes the 12 note scale (chromatic scale) for each octave. Total 25 notes.

[https://www.amazon.com/Rhythm-Band-Chromatic-Bell-Beginners/dp/B0060NUCF4/ref=sr\\_1\\_12?ie=UTF8&qid=1510693961&sr=8-12&keywords=resonator+bells+in+case](https://www.amazon.com/Rhythm-Band-Chromatic-Bell-Beginners/dp/B0060NUCF4/ref=sr_1_12?ie=UTF8&qid=1510693961&sr=8-12&keywords=resonator+bells+in+case)

Good luck in your shopping and your resonator bell music sessions!!